

Cast Off $\frac{3}{4}$ Workshop

April 3, 2016 presented to the OACA
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Starting formations: Mini-Wave, General Line

Definition

From a General Line, each half of the line works together: those in a Mini-Wave Turn $\frac{3}{4}$ while those in a Couple turn, as a unit, away from the centre of the line for $\frac{3}{4}$ of a circle (270 degrees).

In the dance action from a Couple, there has been controversy about the location of the "pivot point", the centre of the turning. Traditionally the end dancer was the pivot, around which the centre dancer walked $\frac{3}{4}$ of a circle, much like "pushing" open a garden gate. This was problematic in certain cases (e.g., from a Two-Faced Line), because it didn't explain why the call ended with couples facing directly. The current definition deemphasizes the pivot point; as long as dancers turn in the correct direction and end in the correct formation, they are dancing the call properly.

From a Tidal Line or Tidal Two-Faced Line, the proper dance action of Cast Off $\frac{3}{4}$ is to work on each side, ending in an Eight Chain Thru formation. From a Tidal Line only, if the caller wants each side to work as a unit, ending in Facing Lines, "**Line of 8, Cast Off $\frac{3}{4}$** " may be used, similar to "**Line of 8, Bend The Line**" (#20.b); this variation (or the one from a line of 6) is seldom used.

Where can Cast off $\frac{3}{4}$ be used from?

Definition says Starting formations: Mini-Wave, General Line

So more precisely
Waves
Mini Waves
 $\frac{1}{4}$ Tag (wave only)
Modified $\frac{1}{4}$ tag
3-1 Lines
inverted lined
Tidal Waves and Tidal Lines

Cast off $\frac{3}{4}$ get used most commonly from completed double pass thru – centres in – cast off $\frac{3}{4}$, this is a good position but there so many other interesting ways to use this call.

Cast off $\frac{3}{4}$ can be used to change the arrangement of your dancers therefor you use the call to change up your choreography.

**From a normal line BGBG line – touch $\frac{1}{4}$ -all 8 circulate)*

From this arrangement + Hinge = Tidal Wave BGGBBGGB

From this arrangement + Cast Off $\frac{3}{4}$ = Tidal wave GBBGGBBG

(the second example would be a good way to get to "each $\frac{1}{2}$ spin the top ... but add a boys trade after the cast off for better body flow)

If you are wanting to use cast off $\frac{3}{4}$ from waves and want to avoid calling "step to a wave"

Try and get into waves with out saying step to wave (heads pass the ocean extend, from couples / lines ½ tag etc...)

Equivalents

From a Zero Box (wave)

Cast off ¾ = Hinge / Scoot Back

Zero Box Wave

Cast off ¾ + boys run = Slide Thru

H/S Pass the Ocean

Extend

All 8 Circ

Cast off ¾

Boy run

Slide thru = Heads Square Thru

A couple of ways to get to a "Zero box wave" with out calling square thru-step to a wave

-H/S Promenade 1/2 ,pass the ocean, extend

-H/S Pass the ocean, extend, swing thru double, all 8 circulate

etc....

Zeros

Zero Box

Centres In

Cast off ¾

Ends Cross Fold

Double Pass Thru

Leads Partner Trade

Zero Box

Changes Arrangement ...still a zero even though the dancer arrangement has changed

Static Square @ home

H/S Pass the ocean

Extend

Cast off ¾

Boy Run

Slide thru

Pass to the centre

Centres side thru

Home

Zero Line

Pass thru

Wheel and Deal

DPT

Centres in

Cast off ¾

Slide thru

DPT First left next right

Right and left thru

Zero Line

Touch a ¼

All 8 circulate

Cast ¾

Boys trade

Spin the top

Boys circulate

Cast off ¾

Boys run

Right and left thru

Zero Line

Pass the ocean

Cast off ¾

Boy run

Right and Left Thru

Tidal Lines

You will need to prompt your dancers so they recognize they are working as couples in their own lines
NOT AS LINES

H/S Promenade 1/2
Pass Thru
Separate around 1 to a line
Touch a ¼
All 8 Circulate
Cast off ¾
Very Centre boy trade
Each ½ Swing Thru
Boys Run
Cast off ¾
Corner.... (Zero Box)

Singer from Waves

H/S Pass the ocean
Extend
Cast off ¾
Cent trade
Centres run
Ferris Wheel
Centres Square thru 3
Boys courtesy turn
Slide thru

Singer from Tidal Two Faced Lines

H/S Pass the ocean
Ladies Trade
Extend
Swing Tru
Couple Circulate
Couples Hinge
Very Centre Boys Trade
(Each Half) Cast Off ¾
Corner

Singer from Lines Facing Out

Easiest
H/S Slide Thru
Double Pass Thru
Canters in
Cast of ¾
Zoom
Square Thru 3

Plus Figure from Diamond

H/S Square thru two
Swing thru
Same Sexes Trade
Boy run
Girls cast off ¾
Very Centres girl trade
Diamond circulate
Very Centre boy trade
Cast off ¾
Couple circulate
½ tag
Boy run
Slide thru

Plus Figure to Right and Left Grand

H/S Pass the ocean
Ladies trade
Extend
Swing thru
Boys run (or lead right veer left. Couples trade)
Couple circulate
Girls cast off ¾
Very Centre Girl Cast off ¾
Girls (facing) diamond circulate
Girls flip the (facing) diamond
Girls cast off ¾
all 8 circulate
Cast off ¾
Girls pass the ocean
Flip the diamond boys trade twice
RLG

Plus Figure to Home

H/S Wheel Around
Separate Around 1 to a line
Pass Thru
Cast off $\frac{3}{4}$
Touch $\frac{1}{4}$
All 8 circulate
Cast off $\frac{3}{4}$
Each $\frac{1}{2}$ Explode AND Star thru
Couples Circulate
Original Heads only Cast off $\frac{3}{4}$
Couples $\frac{1}{2}$ circulate
BTL
Home

To Home 3-1 Lines

H/S Pass the Ocean
Ladies Trade
Extend
Swing Thru
Boys Trade
Boy Run
Couples Circulate
Girls Walk and Dodge
Girls Run
Boys Cast off $\frac{3}{4}$
Girls Left Touch $\frac{1}{4}$
Column of 6 circulate
Wave swing thru
Column Circulate
Cent 6 Walk and Dodge
Side Boys Run
Sides Bend the Line
Heads Partner Trade
Home

Plus Singer Different

H/S Pass thru
Separate around one to line
Pass thru
Wheel and Deal
DPT
Centres in
Boys run
Cast of $\frac{3}{4}$
Girls pass the ocean
Girls Explode the wave
Boys x fold
Corner