




Fun, Wellness and Fitness!
 “Modern Square Dancing”
 With the **Swinging B’s Cornwall**

No cost/no obligation Open House

Fridays, September 7th
and September 14th, 2018 7:00 to 9:00 pm
 Knox St-Paul’s United Church Hall
 800 12th Street East, Cornwall

 **No dancing experience – No partner -
 No problem!**

Casual attire



**Improve Flexibility
 Improve memory**

**Stay Active
 Make Friends**

**Enjoy Life
 Feel Vibrant**

Info Helen MacCallum helenmaccallum@sympatico.ca 613-933-4052

Swinging B’s
 Modern Square Dancing
 Open House
 Sept. 7 & 14, 2018
 800 12th St. E.
 Knox St. Paul United Church Hall
 Info Helen MacCallum
helenmaccallum@sympatico.ca
 613-933-4052



Swinging B’s
 Modern Square Dancing
 Open House
 Sept. 7 & 14, 2018
 800 12th St. E.
 Knox St. Paul United Church Hall
 Info Helen MacCallum
helenmaccallum@sympatico.ca
 613-933-4052



Swinging B’s
 Modern Square Dancing
 Open House
 Sept. 7 & 14, 2018
 800 12th St. E.
 Knox St. Paul United Church Hall
 Info Helen MacCallum
helenmaccallum@sympatico.ca
 613-933-4052

